

ITV 7 CHEAT SHEET

PUNDITS' PICKS FOR SATURDAY

JULY 31

TIMEFORM

MICK FITZGERALD

JASON WEAVER

PADDY POWER

MATT CHAPMAN



1:20PM

GOODWOOD HANDICAP 7F

- TF** **SPIRIT OF BERMUDA** is progressing nicely now, and with her latest win at Newmarket backed up by the timefigure, she can complete the hat-trick.
- MF** **MASTER ZOFFANY** won twice at Chester and is only up 3lbs for that last win. Has to be of interest.
- JW** **QUINTILLUS** lacking that real aggression in his run style until an excellent third in the Britannia Handicap but still looks well weighted.
- PP** **DARK SHIFT** is on a slight recovery mission but has talent. Looks a fair each-way play to me.
- MC** **SPIRIT OF BERMUDA** is nudging up the handicap for William Haggas and Tom Marquand but might be able to have another dance before he's too high.

2:10PM

NEWMARKET EBF FILLIES H'CAP 6F

- TF** **DORA PENNY** ran really well when runner-up at Leicester 16 days ago and may have done better still if she'd have got a clearer run at things.
- MF** **SYMPHONY PERFECT** ran a blinder at Newbury and was just chinned by her stablemate Gubbass. She can make amends now.
- JW** **SYMPHONY PERFECT** was close to Gubbass at Newbury and he ran well here this week to back up that form. His mark of 86 looks lenient.
- PP** Trainer George Boughey is having a break-out season and his **CASHEW** could prove a tough nut to crack. See what I did there?
- MC** A very tough race to call, but I'll have a go with **CASHEW** for George Boughey and the excellent James Doyle.

2:45PM

NEWMARKET EBF CHALICE STAKES 1M 4F

- TF** Charlie Appleby's upwardly-mobile **SAYYIDA** is fancied to take this step up in class in her stride.
- MF** **PORTFOLIO** might not have it all his own way this time, but Richard Kingscote is a very good judge of pace and could just nick it from the front.
- JW** The profile of **YESYES** looks very progressive and managed to carry the penalty to success at Lingfield last time. She can only get better.
- PP** **SAVE A FOREST** drops back in grade after finishing a remote fourth in the Epsom Oaks. Was a dual winner before that and can get back to winning ways.
- MC** **YESYES** is the interesting one here for Ralph Beckett and Rob Hornby. The daughter of Camelot is unbeaten in two runs at Haydock and Lingfield and looks like a progressive young stayer.

3:40PM

GOODWOOD STEWARDS CUP 6F

- TF** William Haggas appears to have a cracking contender in **HURRICANE IVOR**. He's a sprinter on the up and was unlucky not to follow up his Sandown success at Ascot when drawn on the wrong side.
- MF** **GREAT AMBASSADOR** has run in some good races recently but has just been falling a little short. Could be the value play on offer.
- JW** **JUSTANOTHERBOTTLE** could be a player at a big price at the foot of the weights in this traditional cavalry charge as they fan across the track.
- PP** Ed Walker is in great form at the moment and has booked William Buick for **GREAT AMBASSADOR**. His rating is increasing steadily as he's progressive. This will need a career best, but sure why not!
- MC** **CHIEFOFCHIEFS** has shown in his last few runs that he's perfectly capable of winning off 99 including when fourth last time in the Wokingham. He's sure to be staying on well under Jamie Spencer to hopefully get a place at the very least.

1:55PM

GOODWOOD STEWARDS' SPRINT H'CAP 6F

- TF** **MUSIC SOCIETY** has been in rude health this season yet can race off a 4lb lower mark than when going down by the narrowest of margins at York so is fancied to gain a deserved success.
- MF** **KIMIFIVE** races off a 1lb lower mark now and has been running consistently without winning this season. He likes this track and in an open contest has an each-way chance.
- JW** **ROYAL SCIMITAR** showed signs of life at Newmarket's July meeting and has room to manoeuvre off a mark of 95.
- PP** **BOUNDLESS POWER** won't mind the big field but will need luck in running. Can hit the places at least.
- MC** **OPEN WIDE** doesn't find winning easy. That said, he's now very well handicapped horse and Saffie Osborne will suit him.

2:30PM

GOODWOOD SUMMER HANDICAP 1M 6F

- TF** **MY FRANKEL** was quickly back on the up when third off this mark in the Old Newton Cup at Haydock a month ago. The trip should suit and this low-mileage four-year-old could be the answer.
- MF** **ON TO VICTORY** has been running consistently over jumps this winter and showed his well-being back on the level with a good second to Hukum in May on slow ground.
- JW** **AADDEEY** steps right up in trip and if he retains his finishing kick when winning over 1m 4f could be a very big player in this contest.
- PP** **ON TO VICTORY** was second to Hukum here in a Listed race in May so obviously likes Goodwood and most importantly is trained by Alan King!
- MC** It's not going to be easy for **URBAN ARTIST** under 9st 5lb but I have a feeling the classy mare might run well here for Hughie Morrison and Oisin Murphy.

3:05PM

GOODWOOD LILLIE LANGTRY STAKES 1M 6F

- TF** **WONDERFUL TONIGHT** developed into a very smart filly towards the end of last season and picked up where she left off to land the Group 2 Hardwicke at the Royal Meeting last month. She really impressed in how she took control of the race.
- MF** **WONDERFUL TONIGHT** should take all the beating and maybe Cabaletta with the headgear on can chase her home.
- JW** **WONDERFUL TONIGHT** is the class act having already won a Grade 1 and will have some big Autumn targets if winning well here.
- PP** I think people will get carried away with Wonderful Tonight and she's short enough. Roger Varian's **BELIEVE IN LOVE** was very good at Leopardstown last time and could surprise.
- MC** Wonderful Tonight should win, but **ALBAFLORA** has a cracking each-way chance for trainer Ralph Beckett and jockey Rossa Ryan.

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