

PUNDITS' PICKS OF THE DAY



JASON WEAVER



MATT CHAPMAN



MICK FITZGERALD



TIMEFORM



PADDY POWER

1.10pm

HANDICAP 1M 1F

- JW** Frankie Dettori rides **LAKE LUCERNE** who should be well suited to how this race will pan out.
- MC** **GHAZIYAH** has been off the track a while but looked useful last season. Could start trainer William Haggas' day on a high note.
- MF** Nkosikazi or Be More appeal but Oisin Murphy's mount receives 12lbs so that swings it for **BE MORE**.
- TF** **WALIYAK** shaped well on her seasonal return when second at Royal Ascot on her handicap debut and can improve again.
- PP** It'll be tough off top but **NKOSIKAZI** is on a hat-trick and the Haggas team are banging in winners to beat the band.

2.15pm

1M 4F HANDICAP

- JW** He bolted up at Ascot over this trip and **CARLOS FELIX** can get his head in front again at Goodwood.
- MC** **COZONE** scored last time when dropped in trip but will enjoy going back up to 1m 4f again. He's capable of more and has a good draw.
- MF** **MAMBO NIGHTS** form is strong and Richard Hannon's runner is taken to get the better of Carlos Felix.
- TF** **WIN O'CLOCK** makes plenty of appeal after winning with plenty in hand at Leicester 22 days ago.
- PP** **WIN O'CLOCK** disappointed at Royal Ascot but made up for it last time and still has plenty in hand of the handicapper surely.

3.15pm

GROUP 1 SUSSEX STAKES 1M

- JW** It revolves around the big three of Siskin, Kameko and Mohaather but **VATICAN CITY** looks way over-priced to me and comes in under the radar.
- MC** I'm all over **MOHAATHER** who was my horse to follow this season. I don't think Siskin or Kameko will be able to cope with him even getting the weight-for-age allowance.
- MF** This is a mouth-watering clash of the Irish and English 2,000 Guineas winners and Newmarket winner **KAMEKO** can come out on top.
- TF** Siskin is unbeaten in five starts but English 2,000 Guineas winner **KAMEKO** can change that stat.
- PP** The race of the year to date. **SISKIN** is unbeaten and will remain so for trainer Ger Lyons who is having the season of his life.

1.45pm

GOODWOOD HANDICAP 2M 4F

- JW** **SUMMER MOON** disappointed last time having looked a likely winner on his first start back. Looks a guaranteed stayer in the making for this contest.
- MC** **TRUE DESTINY** is lightly-raced and finished third in this contest last year. He has every chance of hitting the frame again.
- MF** **THE GRAND VISIR** was second at Royal Ascot on seasonal bow and can go one better now.
- TF** It may pay to forgive **SUMMER MOON** his last run at Sandown after a cracking effort when third in the Ascot Stakes.
- PP** Trainer Mark Johnston runs two and I just prefer **ROCHESTER HOUSE** to Summer Moon. He wanted every yard of the Ascot Stakes over two miles, so the extra furlongs will help now.

2.45pm

GROUP 3 MOLECOMB STAKES 5F

- JW** His last run can be upgraded and **SIGNIFICANTLY** could prove a class above these.
- MC** **SARDINIA SUNSET** made quite hard work of scoring at York last time but her fourth in the Queen Mary is working out very well and she's got plenty of ability.
- MF** **SIGNIFICANTLY** will be suited to Goodwood's fast 5 furlongs. Irish raider Steel Bull is an interesting contender.
- TF** **SIGNIFICANTLY** has finished runner up three times but his last run at Sandown was very eye-catching.
- PP** Michael O'Callaghan sends **STEEL BULL** from Ireland and he looked potentially very special when winning his maiden at Naas. Let's hope he is!

3.45pm

FILLIES CONDITIONAL STAKES 5F

- JW** **SPRIGT** showed blistering early pace to win over 6f at York and a repeat over Wednesday's 5f trip should be good enough for her to win again.
- MC** If Sardinia Sunset goes well at 14:45 it's a real pointer to **COUNTRY CARNIVAL** who was third to her at York. James Doyle takes the ride which is a plus.
- MF** **SPRIGT** was an impressive at York last time and can follow up.
- TF** **SPRIGT** showed plenty of speed at York last time and could be hard to catch over this 5f trip.
- PP** **SPRIGT** won by five lengths over 6f at York. The others will need to be very fast to beat that!

4.20pm

THEO FENNEL 7F

- JW** The William Jarvis team are in red-hot form and **ARIGATO** is a real 7f specialist with a lovely draw in stall one.
- MC** **ZHUI FENG** can bounce back from a poor run last time and usually runs well at this track. Could be well handicapped on his best form.
- MF** **MISTER SNOWDEN** was just beaten into second last time and can gain compensation now.
- TF** Despite getting beaten at Doncaster last time **SOCIETY LION** looks better than a handicapper.
- PP** **VERBOTEN** ran too bad to be true at Royal Ascot but he's surely better than that. I hope so, anyway!

